

By the truth of the Three Rare Sublime Ones, and especially of Guru Medicine Gone to Bliss One, the compassion of the actualized sage destroying all disease, may this medicine become sublime undying nectar destroying all disease.

Dedication

Due to the merits of myself and others, all the mothers, may the three poisonous minds, the originator of all the 424 diseases, be eliminated, and may the three kayas actualized.

Colophon:

Composed by Pänchen Losang Chögyen (*paN chen blo bzang chos rgyan*) under the title of *sman bza' ba'i tshe*. Translated by Lama Zopa Rinpoche. Dictated to and lightly edited by Vens. Sarah Thresher and Ailsa Cameron.

Translator's note: I, Thubten Zopa, respectfully made a slight change to the advice of Pänchen Losang Chögyen as to what to do after reciting the praise to Guru Medicine Buddha.